

# BID THE INFORMATION SERVICE

WELL INFORMED RIGHT FROM THE BEGINNING, FOR A GOOD START IN LIFE!

AN OFFER FOR INFORMATION AND ADVICE FOR FUTURE AND YOUNG PARENTS OF CHILDREN AT THE AGE OF 0 - 3 YEARS FROM THE OFFICE FOR CHILDREN, YOUTH AND FAMILY SUPPORT



# DEAR FUTURE AND YOUNG PARENTS,

You and your children are most welcome by the child and family-friendly administrative district Aurich!

### And now the time has come the adventure of being a parent begins!

The start into a life with a baby is the beginning of a completely new phase of life for you. Probably two hearts beat in your chest – on the one hand you are extremely happy to hold your baby in your arms after such a long time of waiting. On the other hand you have perhaps sometime an unpleasant feeling if you think of the responsibility you now bear.

It is guite normal that you worry and have a lot of guestions. But with each challenge mastered you will become more and more an expert for your child.

To support you in this task, there is the information service for parents "Bi D' Hand" of the Office for Children, Youth and Family Support which addresses to all newborn babies and their families in the administrative district Aurich.

Moreover the information service for parents wants to present you a high-quality welcome gift. This can also be given to you either in the information office for

> parents (UEK Aurich) after having arranged a date or – if this is more convenient for you – at your own home. Please contact our employees (please below). see

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- pregnancy
- development
- health
- nourishment
- education
- early childhood education and support
- care facilities for children
- offerings for leisure activities
- social and financial support possibilities
- establishing contacts to professional institutions

### The offers of the information service for parents are voluntary as well as without obligation and at no charge.

# THIS IS WHAT WE PROVIDE FOR YOU:

- welcome gift • gift coupons
- many tips that have to do with children
- information folder time for extensive talks



# **OFFICE HOURS**

every Tuesday 9.00 – 11.00 and dates also after previous arrangement

www.landkreis-aurich.de

# YOUR CONTACT PERSONS

## Gabriele Winter-Lüken

pedagogical assistant Telephone: 04941 16-5290 Mobile phone number: 015117113658 gwinter-lueken@landkreis-aurich.de

Ubbo Emmius Klinik (Aurich), office number 31 (on the right next to the children's clinic) Wallinghausener Straße 8-12, 26603 Aurich

# **Tanja Hinrichs**

B.A. Soziale Arbeit Telephone: 04941 16-5291 Mobile phone number: 015117113613 thinrichs@landkreis-aurich.de

### Elisabeth Enninga

educationalist with higher diploma Tel.: 04941 16-5280 Mobil: 0163-3075118 eenninga@landkreis-aurich.de

> postal address: Fischteichweg 7-13 26603 Aurich

### Magdalena van Hülsen

educationalist with higher diploma Telelephone: 04941 16-5282 Mobile phone number: 01633075117 mvanhuelsen@landkreis-aurich.de